High-Dimensional Holeyominoes

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Abstract

What is the maximum number of *holes* enclosed by a *d*-dimensional polycube built of *n* tiles? Represent this number by $f_d(n)$. Recent results show that $f_2(n)/n$ converges to 1/2. We prove that for all $d \ge 2$ we have $f_d(n)/n \to (d-1)/d$ as *n* goes to infinity. We also construct polycubes in *d*-dimensional tori with the maximal possible number of holes per tile. In our proofs, we use metaphors from error-correcting codes and dynamical systems.

Mathematics Subject Classifications: 05A16, 05A20, 05B50, 05D99

1 Introduction

In 1954 [6], Solomon W. Golomb defined a polyomino as a *finite rook-connected subset of* squares of the infinite checkerboard. Since then, polyominoes and their higher-dimensional

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analogues (often under the name *lattice animals* or *polycubes*) have become an important object of study in statistical physics, where they are used as a simple model of polymers and other accretion phenomena [4, 13]. The related problem of counting all polyominoes with certain geometric properties as a function of the number of tiles, which may help understand the probabilities of different behaviors of a system, leads to difficult open questions in combinatorics; see [9] for an overview. But for example, the asymptotic growth rate of the total number of polycubes is known to be exponential in the number of tiles [11], including in the higher-dimensional cases studied in this paper. The exact base of the exponential is not known even in dimension 2, but a number of bounds are known [1, 2, 3, 5].

For our purposes, we view polyomino-hood as a constraint on subsets of the square tessellation of \mathbb{R}^2 , or more generally the tessellation of \mathbb{R}^d by unit cubes. (Here one imagines a rook in *d*-dimensional chess which can move in any coordinate direction.) Subject to this constraint, we look to maximize the "frothiness" of the subset: the number of *holes* (bounded connected components of the complement) that are enclosed inside. On the way, we will encounter ideas from error-correcting codes, sphere-packing, and dynamical systems.

1.1 Definitions and results

We now begin the formalities. A *d-polycube* is a finite union of tiles (unit cubes) of the regular cubical tessellation of \mathbb{R}^d which has connected interior. In what follows we use the term *polycube* to refer to any *d*-polycube for any $d \ge 2$.

A hole in a polycube is a bounded connected component of its complement. Viewed through the lens of algebraic topology, the number of holes in a polycube is its top Betti number: the rank of its (d-1)st homology group.

For a fixed d, we define the function $f_d : \mathbb{N} \to \mathbb{N}$ such that $f_d(n)$ is the maximum number of holes in a d-dimensional polycube with n tiles. The function $f_2(n)$ was studied exhaustively in [10] and [12]. Our main theorem gives an asymptotic bound for $f_d(n)$:

Theorem 1. For every fixed $d \ge 2$,

$$f_d(n) = \frac{d-1}{d}n - \Theta\left(n^{\frac{d-1}{d}}\right).$$

For context, notice that in a *d*-dimensional checkerboard—let's say a tournament checkerboard with dark green and beige cubes—the union of the green cubes has about as many holes as tiles. However, this set is not a polycube. Our theorem establishes the price of making sure the set is rook-connected: one needs to additionally fill in one in 2d-1 beige cubes, and some extra near the boundary.

We can avoid the issue of counting these extra boundary cubes, which generate the second order term in Theorem 1, by reducing modulo a lattice in \mathbb{Z}^d . The quotient of \mathbb{R}^d by the action of the lattice, which is topologically a *d*-dimensional torus, is still tessellated by unit cubes, and we can define a *toric polycube* to be a rook-connected union of such cubes. As one might hope, many such tori contain "ideal polycubes" with the maximal possible number of holes per tile:

Theorem 2. For every d, there is an infinite number of lattices $\Lambda \subset \mathbb{Z}^d$ such that there is a toric polycube in the quotient torus \mathbb{R}^d/Λ with $\frac{d}{2d-1} \det(\Lambda)$ tiles and $\frac{d-1}{2d-1} \det(\Lambda)$ holes. Here $\det(\Lambda)$ is the volume of the torus \mathbb{R}^d/Λ , also known as the covolume of Λ .

In particular, this means that there are such tori with arbitrarily large volume.

The rest of the paper is structured as follows: Section 2 introduces ideas from errorcorrecting codes, which we use to construct polycubes with a large number of holes in Section 3. In Section 4, we complete the proof of Theorem 1 by proving an upper bound. In Section 5, we prove Theorem 2 using ideas about linear dynamical systems.

2 Perfect codes in the Lee metric

An *error-correcting code* is a scheme for transmitting information over noisy channels. One introduces some amount of redundancy so that small errors can be corrected without ambiguity. The study of error-correcting codes mainly focuses on finding efficient codes. This is a kind of packing problem: an efficient code is one in which most pieces of data are close to one (and only one) code word. Of course, the exact parameters depend on the types of errors one expects.

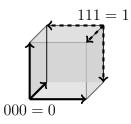


Figure 1: Every three-bit string of 0's and 1's is either a code word 000 or 111, or is distance one from exactly one of the code words.

For example, say we want to transmit messages consisting only of zeros and ones. The simplest way of introducing redundancy is to replace each 0 with the string 000 and each 1 with the string 111. We call these three-bit strings *code words*. If the recipient sees the substring 101 instead of 000 or 111, they can guess that only one bit was flipped during transmission and the original bit was a 1. This is an example of a *perfect code*: every possible string is either a code word or one error away from a unique code word.

The number of bit flips to get from one word to another defines a metric on $(\mathbb{Z}/2\mathbb{Z})^3$, called the *Hamming metric*. In this metric, the 1-balls around the code words are disjoint and cover all of $(\mathbb{Z}/2\mathbb{Z})^3$. In other words, a perfect code is also a perfect packing by balls, or a tessellation.

This metaphor becomes clearer when we move to a slightly different setting: consider code words in the alphabet $\mathbb{Z}/q\mathbb{Z}$, for some q > 2, and suppose that the errors that arise replace a letter α with $\alpha \pm 1 \pmod{q}$, rather than (as is perhaps more common) an arbitrary different letter. The number of errors required to change from one point to another then gives us the *Lee metric*, in other words the ℓ^1 metric on $(\mathbb{Z}/q\mathbb{Z})^d$. Perfect 1-error-correcting codes in the Lee metric were studied by Golomb and Welch [7]. Such perfect codes can be "unwrapped" (lifted to \mathbb{Z}^d) to create perfect ball packings of \mathbb{Z}^d , or equivalently, tessellations of \mathbb{R}^d by *jacks*, polycubes consisting of a tile and all its neighbors.

In the rest of this section we recall [7, Theorem 3] and its proof:

Theorem 3. Let $d \ge 1$ and q = 2d + 1. Then there is a perfect 1-error-correcting code in the Lee metric on $(\mathbb{Z}/q\mathbb{Z})^d$.

Proof. We take the set of code words L_d to be the set of vectors $(a_1, \ldots, a_d) \in (\mathbb{Z}/q\mathbb{Z})^d$ which satisfy

$$\sum_{i=1}^{d} ia_i = 0$$

Then for every value of a_2, \ldots, a_d , there is exactly one value of a_1 such that $(a_1, \ldots, a_d) \in L_d$. (Here we can replace 1 with any *i* which is relatively prime to *q*.) In particular, this demonstrates a fact that will be useful later:

Proposition 4. All $q \times 1 \times \cdots \times 1$ subsets of $(\mathbb{Z}/q\mathbb{Z})^d$ contain exactly one element of L.

In particular, the density of L_d is 1/q.

To show that L_d is indeed a perfect 1-error correcting code, it is now enough to show that the jacks centered at points of L_d cover all of $(\mathbb{Z}/q\mathbb{Z})^d$. Let $(a_1, \ldots, a_d) \notin L_d$, and suppose that

$$\sum_{i=1}^{d} ia_i = k$$

Then L_d contains

$$(a_1, \dots, a_k - 1, \dots, a_d) \quad \text{if } k \leq d$$
$$(a_1, \dots, a_{q-k} + 1, \dots, a_d) \quad \text{if } k \geq d + 1.$$

Thus $(\mathbb{Z}/q\mathbb{Z})^d$ is covered by jacks centered at points of L_d . Since a jack has volume 2d + 1 = q, and the density of L_d is 1/q, this covering cannot have any overlaps. \Box

3 Building polycubes using perfect codes

We will prove the lower bound of Theorem 1 by giving a near-optimal construction for all $d \ge 2$. Later, we will prove the upper bound, showing that the construction is in fact optimal to first order.

The polycubes we construct look like an almost-cubical shell surrounding an interior sponge which has as many holes as possible while still being connected. Namely, given a domain $D \subset \mathbb{R}^d$, for example a large cube, we construct a polycube P(D) contained in D. The cubes that touch the boundary of D, even if only in a corner—we call these the *shell* of D—are all "filled in", i.e. contained in P(D). The rest (the *interior* of D) is filled

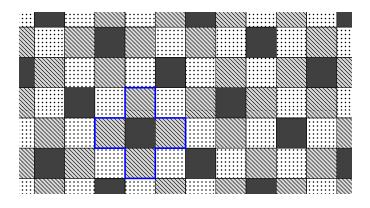


Figure 2: The set K_3 , viewed from above. Black columns are entirely in K_3 (these correspond to elements of $\widetilde{L_2}$); in shaded columns, odd-numbered layers are in K_3 , and in dotted columns, even-numbered layers are in K_3 . One 2-dimensional jack is outlined.

according to a certain repeating pattern which is just dense enough that (1) every green checkerboard cube (from, recall, a green-and-beige checkerboard) is filled in and (2) every filled-in cube is connected to the shell via a path of filled-in cubes.

We shift our tiling so that centers of cubes lie in \mathbb{Z}^d and label cubes by the coordinates of their centers. We refer to cubes for which the sum of the coordinates is 0 and 1 mod 2 as *even* and *odd* cubes, respectively. We use the even cubes as the "green" checkerboard cubes of condition (1).

We satisfy condition (2) by filling in certain whole columns, so that every unit cube is either inside or adjacent to such a column. To fill as few cubes as possible, we would like to choose as few columns as possible; this is achieved if every cube not inside one of the chosen columns is adjacent to exactly one of them. The columns are indexed by elements of \mathbb{Z}^{d-1} , so we would like to find a subset $\widetilde{L_{d-1}} \subset \mathbb{Z}^{d-1}$ such that every element of \mathbb{Z}^{d-1} not in $\widetilde{L_{d-1}}$ neighbors exactly one element of $\widetilde{L_{d-1}}$. Such a set is provided by Theorem 3: it is the lift to \mathbb{Z}^{d-1} of the set $L_{d-1} \subset (\mathbb{Z}/(2d-1)\mathbb{Z})^{d-1}$ constructed there.

We can think of the inner part of P(D) as the intersection of the interior of D with a set of cubes indexed by a set $K_d \subset \mathbb{Z}^d$. This consists of all even cubes and all cubes whose first d-1 coordinates are an element of $\widetilde{L_{d-1}}$. Then from Proposition 4 we get:

Proposition 5. Let q = 2d - 1. Then every $q \times 1 \times \cdots \times 1 \times 2$ subset of \mathbb{Z}^d contains exactly q + 1 elements of K_d .

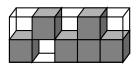


Figure 3: One possible filling pattern of a $5 \times 1 \times 2$ parallelepiped in K_3 .

In particular, the density of K_d is

$$\frac{q+1}{2q} = \frac{2d}{4d-2} = \frac{d}{2d-1}$$

Thus, by Proposition 5, if the interior of D (after subtracting the boundary cubes) is a union of $q \times 1 \times \cdots \times 1 \times 2$ parallelotopes, it contains d-1 holes for every d filled-in tiles. If in addition we choose D to be close to isoperimetric, then

$$\operatorname{vol}(\operatorname{shell}(D)) = O\left(\operatorname{vol}(D)^{\frac{d-1}{d}}\right).$$

The volume of P(D) will then be

$$\operatorname{vol}(P(D)) = \frac{d}{2d-1}\operatorname{vol}(D) + \frac{d-1}{2d-1}\operatorname{vol}(\operatorname{shell}(D))$$

and the number of holes in P(D) will be

$$\frac{d-1}{2d-1}(\operatorname{vol}(D) - \operatorname{vol}(\operatorname{shell}(D))) = \frac{d-1}{d}(\operatorname{vol}(P(D)) - \operatorname{vol}(\operatorname{shell}(D))).$$

A specific sequence of such polycubes arises from the sequence $\{Q_i\}_{i=1,2,\ldots}$ of cubes of side length 2qi+2. In this case, every cube of shell (Q_i) has a (d-1)-face in the boundary, so that $\operatorname{vol}(\operatorname{shell}(Q_i)) \leq \operatorname{vol}_{s-1}(\partial Q_i)$, and

$$\operatorname{vol}_{d-1}(\partial Q_i) \leqslant 2d(\operatorname{vol}(Q_i))^{\frac{d-1}{d}} \leqslant 2d\left[\frac{2d-1}{d}\operatorname{vol}(P(Q_i))\right]^{\frac{d-1}{d}} \leqslant 4d(\operatorname{vol}(P(Q_i)))^{\frac{d-1}{d}}$$

This shows that

$$f_d(\operatorname{vol}(P(Q_i))) \ge \frac{d-1}{d} \operatorname{vol}(P(Q_i)) - 4(d-1) \operatorname{vol}(P(Q_i))^{\frac{d-1}{d}}$$

This proves the lower bound of Theorem 1 for a certain sequence of n, but not yet all n.

One way of completing the proof for all n is to remark that

$$\operatorname{vol}(P(Q_{i+1})) - \operatorname{vol}(P(Q_i)) = O\left(\operatorname{vol}(P(Q_i))^{\frac{d-1}{d}}\right),$$

and therefore we can obtain a good enough lower bound for all n between $vol(P(Q_i))$ and $vol(P(Q_{i+1}))$ by adding cubes to $P(Q_i)$ arbitrarily. However, we would like to obtain a more explicit bound.

To interpolate between the volumes of $P(Q_i)$ and $P(Q_{i+1})$, we use polycubes P(D)for sets D of more complicated shape. The interiors of these sets will still be composed of $q \times 1 \times \cdots \times 1 \times 2$ parallelotopes, which we will call fundamental parallelotopes. Let mbe any number between $(4d-2)^{d-1}i^d$ and $(4d-2)^{d-1}(i+1)^d$ (these are the numbers of fundamental parallelotopes in the interior of Q_i and Q_{i+1} , respectively). Let D_m^0 be the set composed of the interior of Q_i together with some extra fundamental parallelotopes in the interior of Q_{i+1} to make a total of m. To choose these unambiguously, we add them in lexicographic order by the coordinates of the "lowest" corner. In particular, we get from D_m^0 to D_{m+1}^0 by adding one fundamental parallelotope. We define D_m to be D_m^0 together with a one-cube-thick shell surrounding it.

We claim:

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Lemma 6. For every $(4d-2)^{d-1}i^d \leq m \leq (4d-2)^{d-1}(i+1)^d$,

 $\operatorname{vol}(\operatorname{shell}(D_m)) \leq \operatorname{vol}(\operatorname{shell}(Q_{i+1})).$

Proof. We will actually show that $\operatorname{vol}(\operatorname{shell}(D_m)) \leq \operatorname{vol}(\operatorname{shell}(D_{m+1}))$. This suffices to prove the lemma since $D_{(4d-2)^{d-1}(i+1)^d} = Q_{i+1}$.

Notice that $D_m \subset D_{m+1}$. Moreover, since fundamental parallelotopes are added in lexicographic order, if a cube labeled by $\mathbf{x} \in \mathbb{Z}^d$ is in $D_{m+1} \setminus D_m$, then every cube $\mathbf{y} \in D_m$ has $y_i < x_i$ for at least one *i*.

Let us proceed from D_m to D_{m+1} , adding one cube at a time in lexicographic order. At the time we add a cube \mathbf{x} , the positive orthant $\mathbf{x} + (\mathbb{Z}_{\geq 0})^d$ is completely empty. We claim that the volume of the shell never decreases during this process: the shell gains the cube \mathbf{x} and loses at most one cube. Indeed, the only cube that might leave the shell is $(x_1 - 1, \ldots, x_d - 1)$. Any other cube which shares a face with \mathbf{x} will remain in the shell since it also shares faces with other cubes in $\mathbf{x} + (\mathbb{Z}_{\geq 0})^d$.

From this we have:

$$\operatorname{vol}(\operatorname{shell}(D_m)) \leq 2d \left(\operatorname{vol}(D_m)^{1/d} + 2d - 1 \right)^{d-1} \\ \leq 4d \left(\operatorname{vol}(P(D_m)) \right)^{\frac{d-1}{d}} + O \left(\operatorname{vol}(P(D_m))^{\frac{d-2}{d}} \right)$$

This shows that

$$f_d(\operatorname{vol}(P(D_m))) \ge \frac{d-1}{d} \operatorname{vol}(P(D_m)) - 4(d-1) \operatorname{vol}(P(D_m))^{\frac{d-1}{d}} - O(\operatorname{vol}(P(D_m))^{\frac{d-2}{d}}).$$
(1)

Now, the volumes of the $P(D_m)$ still don't cover every n. However, the difference between D_m and D_{m+1} is at most one fundamental parallelotope together with a shell surrounding it, which means that it has a bound depending only on d:

$$\operatorname{vol}(P(D_{m+1})) - \operatorname{vol}(P(D_m)) \leq (2d+3) \cdot 3^{d-2} \cdot 4 - (2d-2)$$

Thus interpolating by appending extra tiles arbitrarily to $P(D_m)$ extends the bound of (1) to every n:

$$f_d(n) \ge \frac{d-1}{d}n - 4(d-1)n^{\frac{d-1}{d}} - O(n^{\frac{d-2}{d}}).$$

4 Upper bound

We bound above the number of holes in a *d*-polycube of volume *n* by bounding the number of (d-1)-dimensional faces which border holes; this strategy to determine an upper bound for $f_d(n)$ is used in [10] for the case d = 2. The resulting bound will match the first-order term of Theorem 1.

For a d-polycube A, the (d-1)-dimensional faces of the cubes that make it up are naturally partitioned into three sets: interior faces incident to two adjacent d-dimensional

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cubes; faces which bound holes; and exterior faces on the outer perimeter of A. We denote the sizes of these sets by b(A), $p_h(A)$, and $p_o(A)$, respectively.

Suppose A has n d-cubes and encloses h holes. Every d-cube has 2d (d-1)-dimensional faces. Adding all of these together double-counts the interior faces, yielding that

$$2dn = p_o(A) + 2b(A) + p_h(A).$$

The smallest holes are the size of a single d-cube, so $p_h(A) \ge 2dh$, and we can write

$$2dh \leqslant p_h(A) = 2dn - 2b(A) - p_o(A). \tag{2}$$

We would like to find an upper bound on h in terms of n and d. For this, we must find lower bounds for both b(A) and $p_o(A)$. Notice that b(A) is (equivalently) the number of edges in the dual graph of A, so the minimal value for given n is attained when the dual graph is a tree, and $b(A) \ge n-1$. On the other hand, $p_o(A)$ is the perimeter of the union of A and all its holes, which has volume at least n+h. Since the most compact polycube is a cube of any side length, this is bounded from below by

$$p_o(A) \ge 2d(n+h)^{\frac{d-1}{d}}.$$

Plugging these bounds into (2), we get

$$h \leqslant \frac{2dn - 2(n-1) - 2d(n+h)^{\frac{d-1}{d}}}{2d} \leqslant \frac{d-1}{d}n - (n+h)^{\frac{d-1}{d}}.$$

When d = 2, this bound is essentially sharp, as discussed in [12]. On the other hand, when $d \ge 3$, the two quantities b(A) and $p_o(A)$ cannot be simultaneously minimized, because the dual graph of the boundary of a large cube has many cycles. It is likely that a tighter theoretical upper bound can be obtained by "trading off" the number of cycles and the size of the boundary. But the naive bound gives the desired upper bound for Theorem 1:

$$f_d(n) \leqslant \frac{d-1}{d}n - n^{\frac{d-1}{d}}.$$

$\mathbf{5}$ Toric polycubes

We now study toric polycubes and prove Theorem 2, which we restate here:

Theorem. For every $d \ge 2$, there is an infinite number of lattices $\Lambda \subset \mathbb{Z}^d$ such that there is a toric polycube in \mathbb{R}^d / Λ with $\frac{d}{2d-1} \det(\Lambda)$ tiles and $\frac{d-1}{2d-1} \det(\Lambda)$ holes.

We first demonstrate that this maximizes the ratio of holes to tiles in a toric polycube. In the absence of an outer perimeter, equation (2) for a polycube of volume n becomes

$$2dh \le 2dn - 2b(A) \le 2dn - 2(n-1) = 2(d-1)n + 2,$$

and so $h \leq \frac{d-1}{d}n + \frac{1}{d}$. To construct optimal examples, we take a lattice Λ such that the set K_d constructed in §3 is Λ -invariant, and let P be the projection of K_d to \mathbb{R}^d/Λ . Then P has the following features:

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- The volume of P is $\frac{d}{2d-1} \det(\Lambda)$.
- Each cube not in P is surrounded by cubes in P.

Therefore, P is a toric polycube with a maximal number of holes if and only if it is a toric polycube, i.e. if it is rook-connected.

Lattices Λ with this property are easy to construct:

Proposition 7. Define Λ_0 to be the lattice consisting of those points in $\widetilde{L_{d-1}} \times \mathbb{Z}$ for which the sum of the coordinates is even. Then K_d is Λ_0 -invariant, and therefore invariant with respect to any sublattice of Λ_0 .

Proof. We refer to lattice points the sum of whose coordinates is even as *even points*. The set K_d is the union of $\widetilde{L_{d-1}} \times \mathbb{Z}$ and the lattice of even points. Therefore, any lattice whose action preserves these two lattices preserves K_d , in particular their intersection Λ_0 . \Box

Thus the main goal of the section is to find lattices $\Lambda \subset \Lambda_0$ such that K_d/Λ is rookconnected and investigate their properties.

To get a handle on this, recall that every rook-connected component of K_d is a onedimensional column (parallel to the *d*th coordinate direction) together with every other cube from each adjacent column. Thus for K_d/Λ to be rook-connected, we need to make sure that \mathbb{R}^d/Λ is covered by the image of a single column and its neighbors. We can think of this as a discrete analogue of either ergodicity or density for linear flows on the torus.

One of the most classical results in dynamical systems is Kronecker's density theorem: in $\mathbb{R}^2/\mathbb{Z}^2$, the trajectory of a flow along a line of irrational slope is dense. More generally, in $\mathbb{R}^d/\mathbb{Z}^d$, the trajectory of a linear flow $(\alpha_1 t, \ldots, \alpha_d t)$ is dense as long as α_i/α_j is irrational for every $i \neq j$.

A discrete analogue of this follows immediately from the Chinese remainder theorem:

Proposition 8. Let n_1, \ldots, n_{d-1} be pairwise relatively prime integers, and consider the linear flow $\varphi(t) = (t/n_1, \ldots, t/n_{d-1}, t)$ on $\mathbb{R}^d/\mathbb{Z}^d$. The image of $\varphi(t)$ contains every point of the form

$$(k_1/n_1, \ldots, k_{d-1}/n_{d-1}, 0), \qquad k_i \in \mathbb{Z}/n_i\mathbb{Z}.$$

In these examples we fixed the torus and played with the direction of the flow. In our main case of interest, the flow direction is fixed—it is the *d*th coordinate direction and we can vary the torus. Of course, we can switch between these points of view via a coordinate change, as in the following reformulation of Proposition 8. From here on, we denote the standard basis vectors of \mathbb{R}^d by $\mathbf{e}_1, \ldots, \mathbf{e}_d$.

Proposition 9. Let n_1, \ldots, n_{d-1} be pairwise relatively prime integers, and consider the linear flow $\varphi(t) = t\mathbf{e}_d$ on \mathbb{R}^d/Λ_c , where Λ_c is the lattice generated by

$$n_1\mathbf{e}_1,\ldots,n_{d-1}\mathbf{e}_{d-1},c\mathbf{e}_d-\sum_{i=1}^{d-1}\mathbf{e}_i,$$

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for any $c \in \mathbb{R}^+$. The image of $\varphi(t)$ is exactly

$$\{(k_1,\ldots,k_{d-1},t):k_i\in\mathbb{Z}/n_i\mathbb{Z} and t\in\mathbb{R}/c\mathbb{Z}\}.$$

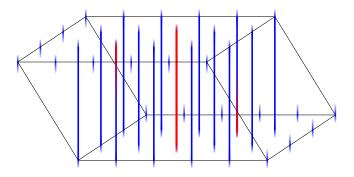


Figure 4: A fundamental domain for the flow in Proposition 9 in 3D, with $n_1 = 5$, $n_2 = 3$, c = 3. A contiguous portion of the flow line is highlighted.

This is already very close to what we want. We get there using a further coordinate change:

Proposition 10. Let $d \ge 2$ and q = 2d - 1. Let n_1, \ldots, n_{d-1} be pairwise relatively prime integers such that n_1 is even, and c an odd integer. Fix the vectors

$$\begin{aligned} \mathbf{u}_1 &= q \mathbf{e}_1 \\ \mathbf{u}_i &= \mathbf{e}_i - i \mathbf{e}_1, \\ \mathbf{u}_i &= \mathbf{e}_i + (q - i) \mathbf{e}_1, \end{aligned} \qquad \begin{array}{l} 2 \leqslant i \leqslant d - 1, \ i \ odd \\ 2 \leqslant i \leqslant d - 1, \ i \ even \\ \mathbf{u}_d &= \mathbf{e}_d, \end{aligned}$$

and let Λ be the lattice in \mathbb{R}^d generated by

$$n_1\mathbf{u}_1,\ldots,n_{d-1}\mathbf{u}_{d-1},c\mathbf{e}_d-\sum_{i=1}^{d-1}\mathbf{u}_i.$$

Then $\Lambda \subset \Lambda_0$ and K_d/Λ is rook-connected.

This proposition completes the proof of Theorem 2.

Proof. By applying the coordinate change $\mathbf{e}_i \mapsto \mathbf{u}_i$ to Proposition 9, we see that the image of $\mathbb{R}\mathbf{e}_d$ in K_d/Λ is

$$X = \{(x_1, \dots, x_{d-1}, t) : (x_1, \dots, x_{d-1}) \in \Gamma \text{ and } t \in \mathbb{R}/c\mathbb{Z}\}$$

where Γ is the lattice in $\mathbb{R}^{d-1} \times \{0\}$ generated by $\mathbf{u}_1, \ldots, \mathbf{u}_{d-1}$.

In fact, $\Gamma = \widetilde{L_{d-1}} \times \{0\}$. To see this, notice that $\det(\Gamma) = q$ and that each \mathbf{u}_i is an element of $\widetilde{L_{d-1}} \times \{0\}$. Moreover, since \mathbf{u}_1 and \mathbf{u}_d are odd, n_1 is even, $\mathbf{u}_2, \ldots, \mathbf{u}_{d-1}$ are

even, and c is odd, all the generators of Λ are even. Therefore $\Lambda \subset \Lambda_0$ and K_d/Λ is well-defined.

From the fact that $\Gamma = \widetilde{L_{d-1}} \times \{0\}$, it follows that every cube in K_d/Λ either is associated to a point of X or is adjacent to a cube that is. This proves that K_d/Λ is rook-connected.

To conclude, we make some remarks about the shapes of these tori. We can get the infinite number of tori required by Theorem 2 just by taking $n_1 = 2, n_2, \ldots, n_{d-1} = 1$, and arbitrarily large c. However, this solution is somehow unsatisfying, since the resulting tori are almost one-dimensional: they are long skinny tubes which the polycube fills up by winding around them twice.

One way to measure the "fatness" of a Riemannian manifold is to estimate how big you can grow a metric ball around any point before it stops being topologically a ball. For a flat torus $T = \mathbb{R}^d / \Lambda$, every geodesic loop is topologically nontrivial, and therefore the supremal diameter of such balls is the *systole* of T: the length of its shortest topologically nontrivial loop or, equivalently, the length of the shortest nonzero vector in the lattice Λ . A large systole can be thought of as a sign that a d-torus is d-dimensional in an essential way.

The systole of a flat torus T is bounded above by $C(d)(\operatorname{vol} T)^{1/d}$; to see this, scale the lattice to have covolume 1 and notice that the size of the shortest nonzero vector is bounded above. (The fact that a similar bound holds for arbitrary Riemannian metrics is much harder to prove and is an instance of Gromov's systolic inequality, see [8].) The constant $C(d)^2$ is known as the *Hermite constant* in dimension d.

The tori in our construction get within a multiplicative constant of this bound: if we choose n_1, \ldots, n_{d-1} and c to be large and close to each other, then the lattice Λ is very nearly homothetic to Λ_0 . It would be interesting to know whether one can choose Λ satisfying the conditions of Theorem 2 whose systole is arbitrarily close to the universal upper bound.

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