# Intervals in Dyck Paths and the Wreath Conjecture

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#### Abstract

Let  $\iota_k(m,l)$  denote the total number of intervals of length m across all Dyck paths of semilength k such that each interval contains precisely l falls. We give the formula for  $\iota_k(m,l)$  and show that  $\iota_k(k,l) = \binom{k}{l}^2$ . Motivated by this, we propose two stronger variants of the wreath conjecture due to Baranyai for n = 2k + 1.

Mathematics Subject Classifications: 05A15, 05A19

## 1 Dyck paths and the main result

A Dyck path of semilength k (Dyck k-path for brevity) is a lattice path in  $\mathbb{Z}^2$  that never goes below the x-axis, starts at (0,0), ends at (2k,0), and with each step of the form either (1,1) – a rise –, or (1,-1) – a fall. We will denote the set of all Dyck k-paths by  $\mathcal{D}_k$ . It is well known that  $|\mathcal{D}_k| = C_k$ , where  $C_k = \frac{1}{k+1} \binom{2k}{k}$  is the k-th Catalan number. The Catalan numbers appear in a great many combinatorial settings; the reader is referred to [9] for an extensive compilation. Dyck paths have also been widely studied; see the works by Deutsch [5] and by Blanco and Petersen [4] for a collection of statistics and other results about them.

For  $D \in \mathcal{D}_k$  and non-negative integers  $l \leq m \leq 2k$ , we define  $\iota_D(m, l)$  as the number of intervals of length m (that is, sequences of m consecutive steps) in D such that the interval contains precisely l falls. For a non-negative integer k we define  $\iota_k(m, l)$  as  $\sum_{D \in \mathcal{D}_k} \iota_D(m, l)$ . Note that by considering reflections in the line x = k, we have  $\iota_k(m, l) = \iota_k(m, m - l)$ .

Our main result is a formula for  $\iota_k(m,l)$ . Note that in view of the paragraph above, we can restrict our attention to the case  $2l \leq m$ . We set  $\binom{x}{y} = 0$  for integers  $x \geq 0$  and y < 0.

**Theorem 1.** Let l, m, k be three non-negative integers such that  $2l \leq m \leq 2k$ . Then

$$\iota_k(m,l) = \sum_{l=0}^{k+l-m} {m \brack l} - {m \brack l-d-1} \left[ {2k-m+1 \choose k-m+l-d} - {2k-m+1 \choose k-m+l-d-1} \right].$$

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A simple manipulation with the sum in Theorem 1 (see the beginning of the proof of Corollary 2 for a demonstration in the case m = k) provides an alternative formula for  $\iota_k(m,l)$  given by

$$\iota_k(m,l) = \binom{m}{l} \binom{2k-m+1}{k-m+l} + \sum_{d'=0}^{l-1} \binom{m}{d'} \left[ \binom{2k-m+1}{k+1-d'} - \binom{2k-m+1}{k-d'} \right].$$

The formula becomes particularly elegant in the special case m = k.

Corollary 2. Let  $l \leq k$  be two non-negative integers. Then  $\iota_k(k,l) = {k \choose l}^2$ .

We remark that using an analogous technique as in the proof of Corollary 2 in Section 3, one can also obtain  $\iota_k(k+1,l) = \binom{k}{l-1} \binom{k}{l}$  for  $2l \leqslant k+1$ . With a bit more effort, similar lines of reasoning eventually yield  $\iota_k(k-1,l) = \binom{k+2}{l+1} \binom{k-1}{l} - \binom{k}{l+1} \binom{k-1}{l-1} - \binom{k}{l-1} \binom{k-1}{l}$  for  $2l \leqslant k-1$ .

# 2 The wreath conjecture

Kirkman's Schoolgirl problem from 1847 [7] gave rise to the question whether it is possible to partition the k-uniform complete hypergraph on n vertices into perfect matchings (that is, sets of hyperedges such that each vertex lies in exactly one of the hyperedges) whenever k divides n. The positive answer was confirmed by Baranyai in 1974 [3]. At the end of his paper, Baranyai posed a conjecture concerning a generalisation of his result.

This conjecture was originally stated in terms of 'staircase matrices'. Later, Katona [6] rephrased the conjecture in terms of 'wreaths'; it is this notion that we adapt here.

Let  $k \leq n$  be two positive integers, and let  $g = \gcd(n, k)$ . We write  $\mathbb{Z}_n$  for the set of integers modulo n and  $\mathbb{Z}_n^{(k)}$  for the set of subsets of  $\mathbb{Z}_n$  of size k. Given a permutation  $\pi$  of  $\mathbb{Z}_n$  we define  $\mathcal{F}_{n,k,\pi} \subset \mathbb{Z}_n^{(k)}$ , the  $(n,k,\pi)$ -wreath, as

$$\{\{\pi((i-1)k+1), \pi((i-1)k+2), \dots, \pi(ik)\} \mid i \in \mathbb{Z}_n\}.$$

It is easy to see that such a set has size  $\frac{n}{a}$ .

A set  $\mathcal{F} \subset \mathbb{Z}_n^{(k)}$  is called an (n,k)-wreath if it is an  $(n,k,\pi)$ -wreath for some permutation  $\pi$  of  $\mathbb{Z}_n$ . The conjecture due to Baranyai [3] and Katona [6] (who nicknamed it the wreath conjecture) is as follows.

Conjecture 3 (The wreath conjecture). For any positive integers  $k \leq n$  there is a decomposition of  $\mathbb{Z}_n^{(k)}$  into disjoint (n,k)-wreaths.

For example, for n=5 and k=3, the set  $\mathbb{Z}_5^{(3)}$  can be decomposed into the following two (5,3)-wreaths:  $\mathcal{F}_{5,3,\pi_1}=\{\{0,1,2\},\{1,2,3\},\{2,3,4\},\{3,4,0\},\{4,0,1\}\}$  and  $\mathcal{F}_{5,3,\pi_2}=\{\{0,2,4\},\{2,4,1\},\{4,1,3\},\{1,3,0\},\{3,0,2\}\}$ , where  $\pi_1=\mathrm{id}$  and  $\pi_2=\left(\begin{smallmatrix}0&1&2&3&4\\0&2&4&1&3\end{smallmatrix}\right)$ .

We remark that for n and k coprime, this conjecture coincides with a later one due to Bailey and Stevens [2] concerning decompositions of complete k-uniform hypergraphs into

tight Hamiltonian cycles. For more discussion of the case when n and k are not coprime, the reader is referred to a parallel article by the authors [8].

Let us consider the wreath conjecture for n = 2k + 1. In this case we have g = 1, and hence, after rearranging, we can write  $\mathcal{F}_{n,k,\pi} = \{\{\pi(i+1), \pi(i+2), \dots, \pi(i+k)\} \mid i \in \mathbb{Z}_n\}$ . Motivated by the fact that for n = 2k+1 the number of (n,k)-wreaths necessary to decompose  $\mathbb{Z}_n^{(k)}$  coincides with the Catalan number  $C_k$ , we propose the following strengthening of Conjecture 3.

Conjecture 4. Let k be a positive integer. There exists a set  $\Pi = \{\pi_1, \pi_2, \dots, \pi_{C_k}\}$  of  $C_k$  permutations of  $\mathbb{Z}_{2k+1}$  with each permutation fixing 0 and a bijection  $\varphi : \Pi \to \mathcal{D}_k$  such that

- $\mathbb{Z}_{2k+1}^{(k)} = \bigcup_{i=1}^{C_k} \mathcal{F}_{2k+1,k,\pi_i}$ , and
- for any i and j, the j-th step of  $\varphi(\pi_i)$  is a rise if and only if  $\pi_i(j) \in \{1, 2, \dots, k\}$ .

We verified the conjectures using a computer for  $k \leq 4$ . The bijections for  $k \leq 3$  can be seen in Figure 1. This conjecture is also motivated by Corollary 2 in view of the following result.

**Lemma 5.** The equality  $\iota_k(k,l) = \binom{k}{l}^2$  from Corollary 2 is a necessary condition for Conjecture 4.

*Proof.* If Conjecture 4 holds, then to each interval I of length k of a Dyck k-path D we can assign a set  $\{\pi(s), \pi(s+1), \ldots, \pi(s+k-1)\}$ , where I starts at the s-th step of D and  $\pi = \varphi^{-1}(D)$ .

By the first condition of Conjecture 4, this yields a bijection between intervals of length k of Dyck k-paths and sets in  $\mathbb{Z}_{2k+1}^{(k)}$  not containing 0. The second condition then implies that intervals of length k with l falls are in bijection with sets in  $\mathbb{Z}_{2k+1}^{(k)}$  without 0 and with l elements from  $\{k+1,k+2,\ldots,2k\}$ . From the definition, there are  $\iota_k(k,l)$  intervals of length k with l falls and there are  $\binom{k}{l}^2$  sets in  $\mathbb{Z}_{2k+1}^{(k)}$  without 0 and with l elements from  $\{k+1,k+2,\ldots,2k\}$ . The result follows.

Our search through  $k \leq 4$  suggests that an even stronger statement may be true. To state it, for a Dyck path  $D \in \mathcal{D}_k$ , we will denote by  $D^{(R)}$  the Dyck path obtained by reflecting D in the line x = k.

Conjecture 6. Let k be a positive integer. There exists a set  $\Pi = \{\pi_1, \pi_2, \dots, \pi_{C_k}\}$  of  $C_k$  permutations of  $\mathbb{Z}_{2k+1}$  with each permutation fixing 0 and a bijection  $\varphi : \Pi \to \mathcal{D}_k$  such that

- $\mathbb{Z}_{2k+1}^{(k)} = \bigcup_{i=1}^{C_k} \mathcal{F}_{2k+1,k,\pi_i}$ , and
- for any i and j, the j-th step of  $\varphi(\pi_i)$  is a rise if and only if  $\pi_i(j) \in \{1, 2, \dots, k\}$ , and
- for any Dyck k-path D and any  $j \in \mathbb{Z}_{2k+1}$  we have  $\varphi^{-1}(D)(j) + \varphi^{-1}(D^{(R)})(-j) = 0$ . The bijections from Figure 1 all satisfy the stronger Conjecture 6.

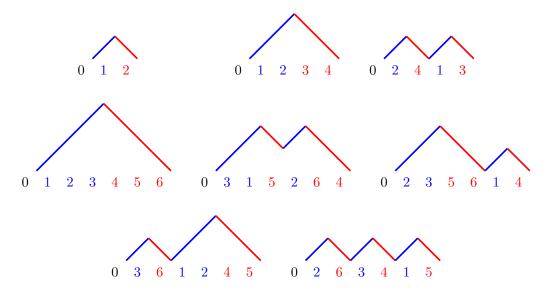


Figure 1: Examples of permutations which confirm Conjectures 4 and 6 for  $k \leq 3$ . Below each Dyck k-path the corresponding permutation  $\pi$  is written in the form  $\pi(0), \pi(1), \ldots, \pi(2k)$ . The second conditions of the conjectures require numbers  $1, 2, \ldots, k$  to lie below rises and numbers  $k+1, k+2, \ldots, 2k$  below falls.

## 3 Proofs of Theorem 1 and Corollary 2

To simplify the calculations in the proofs later, we introduce some additional notation. We call a lattice path a NE upper path if it never visits a point below the y=x diagonal and each of its steps is either (0,1) – a N orth step –, or (1,0) – an E ast step. Instead of working with Dyck k-paths as defined in Section 1, we will work with NE upper paths from (0,0) to (k,k). To observe that there is a bijection between these two families of paths, consider a rotation of the plane by  $\frac{\pi}{4}$  and an appropriate scaling. Under this bijection, rises translate to North steps and falls translate to East steps.

The proof uses the following well-known generalisation of Catalan numbers counting the number of NE upper paths between  $(x_1, y_1), (x_2, y_2) \in \mathbb{Z}^2$ . This number, which we denote by  $P_{(x_1, y_1)}^{(x_2, y_2)}$ , is nonzero if and only if  $x_1 \leqslant x_2$ ,  $y_1 \leqslant y_2$  and  $x_i \leqslant y_i$  for  $i \in \{1, 2\}$ . Note that for  $j \in \mathbb{Z}$  we have  $P_{(x_1, y_1)}^{(x_2, y_2)} = P_{(x_1 + j, y_1 + j)}^{(x_2 + j, y_2 + j)}$ .

**Lemma 7.** Let  $(x_1, y_1), (x_2, y_2) \in \mathbb{Z}^2$  be such that  $x_1 \leqslant x_2, y_1 \leqslant y_2$  and  $x_i \leqslant y_i$  for  $i \in \{1, 2\}$ . Set  $\delta = y_1 - x_1$ ,  $\alpha = y_2 - y_1$  and  $\beta = x_2 - x_1$ . Then

$$P_{(x_1,y_1)}^{(x_2,y_2)} = {\alpha + \beta \choose \beta} - {\alpha + \beta \choose \beta - \delta - 1}.$$

We give a proof of this lemma to keep the paper self-contained. The proof is analogous to André's reflection principle [1].

*Proof.* There are  $\binom{\alpha+\beta}{\beta}$  paths from  $(x_1, y_1)$  to  $(x_2, y_2) = (x_1 + \beta, y_1 + \alpha)$  consisting of North and East steps. We claim that the number of paths from  $(x_1, y_1)$  to  $(x_2, y_2)$  consisting of

North and East steps which visit a point below the diagonal y = x is  $\binom{\alpha+\beta}{\beta-\delta-1}$ , which gives the result.

To show this claim, we find a bijection between the paths from  $(x_1, y_1)$  to  $(x_2, y_2)$  consisting of North and East steps which visit a point below the diagonal y = x and the paths from  $(x_1, y_1)$  to  $(x_1 + \alpha + \delta + 1, y_1 + \beta - \delta - 1)$  consisting of North and East steps.

Given a path W of the first type, consider the step after which the path visits a point below the diagonal y=x for the first time. Let this be the s-th step. From the (s+1)-st step onward, we exchange North and East steps. The resulting path consists of  $\beta-\delta-1$  North and  $\alpha+\delta+1$  East steps, i.e., it is a path of the second type.

Now consider a path W' of the second type. Recall that  $x_1 \leq y_1$ , in other words,  $(x_1, y_1)$  is not below the diagonal y = x. We also have  $y_1 + \beta - \delta - 1 = x_2 - 1 < y_2 + 1 = y_1 + \alpha + 1 = x_1 + \alpha + \delta + 1$ , therefore  $(x_1 + \alpha + \delta + 1, y_1 + \beta - \delta - 1)$  is below the diagonal y = x. Therefore, there exists a step of W' after which W' visits a point below the diagonal y = x for the first time. Analogously to before, exchange all North and East steps after this step. The resulting path consists of  $\alpha$  North and  $\beta$  East steps and visits a point below the diagonal y = x, therefore is of the first type.

The maps from the previous two paragraphs are inverses to each other, and so describe the desired bijection. See Figure 2 for an illustration.

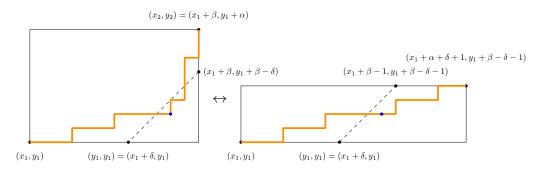


Figure 2: The bijection from Lemma 7 given by 'flipping' the section of the path after the highlighted point.

Hence we have 
$$P_{(x_1,y_1)}^{(x_2,y_2)} = {\alpha+\beta \choose \beta} - {\alpha+\beta \choose \beta-\delta-1}$$
, as claimed.

Equipped with this lemma, we move on to the proof of the main theorem.

Proof of Theorem 1. We consider all possible 'starting points' (i, i + d) of intervals of length m which contain exactly l East steps. To obtain  $\iota_k(m, l)$ , we sum over all such starting points the number of NE upper paths which visit the starting point and have exactly l East steps among the next m steps following this visit. Note that after these m steps, any such NE upper path visits (i+l, i+d+m-l). See Figure 3 for an illustration.

As both the starting point and the corresponding endpoint lie in the square  $[0, k]^2$ , we have  $i, d \ge 0$  as well as  $i + l \le k$  and  $i + d + m - l \le k$ . Therefore i and d satisfy  $0 \le d \le k + l - m$  and  $0 \le i \le k + l - m - d$ .

 $0 \le d \le k+l-m$  and  $0 \le i \le k+l-m-d$ . In the identities below, first we use  $P_{(x_1,y_1)}^{(x_2,y_2)} = P_{(x_1+j,y_1+j)}^{(x_2+j,y_2+j)}$  and then simplify the sums:

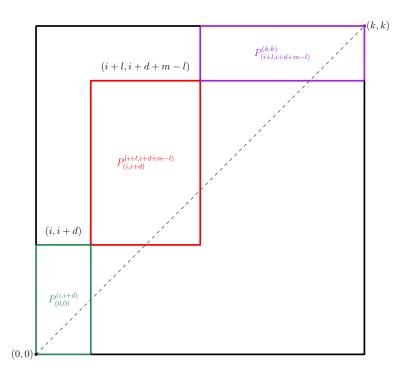


Figure 3: An illustration of NE upper paths whose interval of length m starting at (i, i+d) contains exactly l East steps.

$$\iota_k(m,l) = \sum_{d=0}^{k+l-m} \sum_{i=0}^{k+l-m-d} P_{(0,0)}^{(i,i+d)} P_{(i,i+d)}^{(i+l,i+d+m-l)} P_{(i+l,i+d+m-l)}^{(k,k)}$$

$$= \sum_{d=0}^{k+l-m} \sum_{i=0}^{k+l-m-d} P_{(0,0)}^{(i,i+d)} P_{(0,d)}^{(l,d+m-l)} P_{(i+l,i+d+m-l)}^{(k,k)}$$

$$= \sum_{d=0}^{k+l-m} P_{(0,d)}^{(l,d+m-l)} \sum_{i=0}^{k+l-m-d} P_{(0,0)}^{(i,i+d)} P_{(i+l,i+d+m-l)}^{(k,k)}.$$

Further simplification of this sum comes from the following claim.

Claim 8. For any d such that  $0 \le d \le k + l - m$  we have

$$\sum_{i=0}^{k+l-m-d} \mathbf{P}_{(0,0)}^{(i,i+d)} \mathbf{P}_{(i+l,i+d+m-l)}^{(k,k)} = \binom{2k-m+1}{k-m+l-d} - \binom{2k-m+1}{k-m+l-d-1}. \tag{1}$$

Proof of Claim 8. Consider the pairs (W, i), where  $i \in \{0, 1, ..., k + l - m - d\}$  and W is a NE upper path from (l - k, d + m - l - k) to (0, d) which goes through the point (-i, -i). Using  $P_{(x_1, y_1)}^{(x_2, y_2)} = P_{(x_1 + j, y_1 + j)}^{(x_2 + j, y_2 + j)}$ , observe that the number of distict pairs (W, i) is precisely the left-hand side of equation (1). See Figure 4 for an illustration.

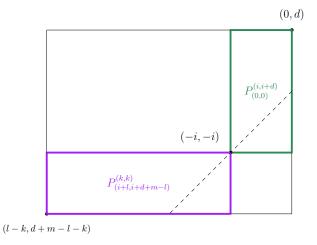


Figure 4: An illustration of the left-hand side of equation (1).

Next, we claim that the pairs (W, i) are in bijection with NE upper paths from (l - k - 1, d + m - l - k) to (0, d) which visit the diagonal y = x in at least one point. The bijection is given as follows.

Given a pair (W, i), consider the sequence of k + l - m North and k - l East steps corresponding to W. After the step at which W reaches (-i, -i), add an additional East step. Denote by W' the path corresponding to the longer sequence of North and East steps starting at (l - k - 1, d + m - l - k). Observe that W' consists of k + l - m North steps and k - l + 1 East steps, never visits a point below the diagonal y = x but visits a point on this diagonal. Moreover, the first visited point on this diagonal is (-i, -i).

On the other hand, let W' be a path from (l-k-1,d+m-l-k) to (0,d) consisting of North and East steps that never goes below the diagonal y=x but which visits this diagonal in at least one point. Then there is a first point at which W' visits this diagonal; let this point be (-i,-i). Consider the sequence of k+l-m North and k-l+1 East steps corresponding to W'. Remove the East step that leads to (-i,-i) to obtain a shorter sequence of steps, and denote by W the corresponding path starting at (l-k,d+m-l-k). Then (W,i) is a pair where  $i \in \{0,1,\ldots,k+l-m-d\}$  and W is a NE upper path from (l-k,d+m-l-k) to (0,d) which goes through the point (-i,-i).

The maps from the previous two paragraphs are inverses to each other, and hence describe the desired bijection, see Figure 5 for an illustration.

We thus obtain that the left-hand side of equation (1) counts the number of NE upper paths from (l-k-1, d+m-l-k) to (0, d) which visit the diagonal y=x in at least one point. Note that such paths are exactly the NE upper paths from (l-k-1, d+m-l-k) to (0, d) which visit a point below the diagonal y=x+1. The number of such paths is  $P_{(l-k-1,d+m-l-k)}^{(0,d)} - P_{(l-k,d+m-l-k)}^{(1,d)}$ . If d>0, we apply Lemma 7 twice to express this difference. If d=0, we apply

If d > 0, we apply Lemma 7 twice to express this difference. If d = 0, we apply Lemma 7 to the first term and observe that  $P_{(l-k,m-l-k)}^{(1,0)}$ , which equals 0 by its definition, can be written as  $\binom{2k-m+1}{k-l+1} - \binom{2k-m+1}{(k-l+1)-(m-2l)-1}$ . We get

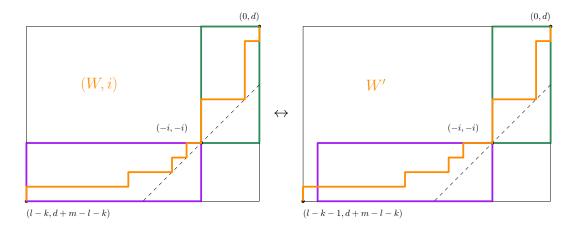


Figure 5: The bijection from Claim 8. The additional step in W' is the East step leading to (-i, i).

$$\sum_{i=0}^{k+l-m-d} \mathbf{P}_{(0,0)}^{(i,i+d)} \mathbf{P}_{(i+l,i+d+m-l)}^{(k,k)} = \mathbf{P}_{(l-k-1,d+m-l-k)}^{(0,d)} - \mathbf{P}_{(l-k,d+m-l-k)}^{(1,d)}$$

$$= \left[ \binom{2k-m+1}{k-l+1} - \binom{2k-m+1}{(k-l+1)-(d+m-2l+1)-1} \right]$$

$$- \left[ \binom{2k-m+1}{k-l+1} - \binom{2k-m+1}{(k-l+1)-(d+m-2l)-1} \right]$$

$$= \binom{2k-m+1}{k-m+l-d} - \binom{2k-m+1}{k-m+l-d-1}.$$

This concludes the proof of Claim 8.

By applying Lemma 7 and Claim 8, we obtain

$$\begin{split} \iota_k(m,l) &= \sum_{d=0}^{k+l-m} \mathbf{P}_{(0,d)}^{(l,d+m-l)} \sum_{i=0}^{k+l-m-d} \mathbf{P}_{(0,0)}^{(i,i+d)} \mathbf{P}_{(i+l,i+d+m-l)}^{(k,k)} \\ &= \sum_{d=0}^{k+l-m} \left[ \binom{m}{l} - \binom{m}{l-d-1} \right] \left[ \binom{2k-m+1}{k-m+l-d} - \binom{2k-m+1}{k-m+l-d-1} \right], \end{split}$$

completing our proof of Theorem 1.

The formula from Theorem 1 simplifies considerably when m = k.

Proof of Corollary 2. Plugging m = k into Theorem 1 we obtain

$$\iota_{k}(k,l) = \sum_{d=0}^{l} \left[ \binom{k}{l} - \binom{k}{l-d-1} \right] \left[ \binom{k+1}{l-d} - \binom{k+1}{l-d-1} \right] \\
= \binom{k}{l} \sum_{d=0}^{l} \left[ \binom{k+1}{l-d} - \binom{k+1}{l-d-1} \right] \\
- \sum_{d=0}^{l-1} \binom{k}{l-d-1} \left[ \binom{k+1}{l-d} - \binom{k+1}{l-d-1} \right].$$

Noting that the second factor in the first term is a telescoping sum, we find that

$$\binom{k}{l} \sum_{d=0}^{l} \left[ \binom{k+1}{l-d} - \binom{k+1}{l-d-1} \right] = \binom{k}{l} \binom{k+1}{l}.$$
 (2)

To simplify the second term, first we expand the bracket and substitute d' = l - d - 1 to get

$$\sum_{d=0}^{l-1} \binom{k}{l-d-1} \left[ \binom{k+1}{l-d} - \binom{k+1}{l-d-1} \right] = \sum_{d'=0}^{l-1} \binom{k}{d'} \binom{k+1}{k-d'} - \sum_{d'=0}^{l-1} \binom{k+1}{d'} \binom{k}{k-d'}.$$

We now consider the task of choosing k objects out of 2k+1 ordered objects. The first sum counts the number of ways to do so in a way that at most l-1 of the first k objects are picked. The second sum counts the number of ways to do so in a way that at most l-1 of the first k+1 objects are picked. Any choice of the second type is a choice of the first type. The only choices of the first type that are not of the second type are those which choose exactly l-1 elements from the first k and also choose the (k+1)-st element (which means k-l elements are chosen from the last k elements).

We thus obtain

$$\sum_{d=0}^{l-1} {k \choose l-d-1} \left[ {k+1 \choose l-d} - {k+1 \choose l-d-1} \right] = {k \choose l-1} {k \choose k-l} = {k \choose l} {k \choose l-1}. \tag{3}$$

Equations (2) and (3) imply

$$\iota_k(k,l) = \binom{k}{l} \binom{k+1}{l} - \binom{k}{l} \binom{k}{l-1} = \binom{k}{l}^2,$$

as claimed.  $\Box$ 

#### 4 Concluding remarks

The main open questions of interest are the conjectures from Section 2. As we have seen, Corollary 2 provides support for the newly introduced Conjecture 4 and Conjecture 6. The authors are also curious if the right-hand side of Theorem 1 could be simplified further in other cases than those with m = k, k - 1, k + 1 already considered.

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